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ABSTRACT

This book on adult learning is divided into six sections. Section 1, Cognitive Processes, includes the following chapters: "Cognitive Processes: Contemporary Paradigms of Learning" (Jack Mezirow); "Information Processing, Memory, Age and Adult Learning" (Gillian Boulton-Lewis); "Adult Learners' Metacognitive Behaviour in Higher Education" (Barry Dart). Section 2, Learning and Education, contains chapters: "Epistemological Approaches to Cognitive Development in College Students" (Paul Hettich); "Personality Factors That Influence a Student's Choice of Learning Tactics" (Ronald R. Schmeck); "Behaviourist Approaches to Adult Learning" (Glyn Owens); "Experiential Learning and Constructivism: Potential for a Mutually Beneficial Synthesis" (Peter Sutherland). Section 3, Adult Learning in Small-Group Situations, includes chapters: "Learning in Small Groups" (Ian Mowatt, Gerda Siann); "Peer Tutoring for Flexible and Effective Adult Learning" (Keith Topping). Section 4, The Context of Education, contains chapters: "Adult Learning in a Workplace Context" (Hitendra Pillay); "Education, Work and Adult Life: How Adults Relate Their Learning to Their Work, Family and Social Lives" (Loraine Blaxter, Christina Hughes, Malcolm Tight). Section 5, The Particular Context of the Mature Student in Higher Education, includes chapters: "The Personal Experience of Learning in Higher Education: Changing Views and Enduring Perspectives" (Elizabeth Beaty, Gloria Dall'Alba, Ference Marton); "Dispelling Some Myths about Mature Students in Higher Education: Study Skills, Approaches to Studying, and Intellectual Ability" (John T. E. Richardson); "What's the Bottom Line? How Well Do Mature Students Do at University?" (James Hartley, Mark Trueman); "Older but Wiser? The Motivation of Mature Students in Higher Education" (Stephen E. Newstead, Sherria Hoskins, Arlene Franklyn-Stokes, Ian Dennis). Section 6, Implications for Teaching, contains chapters: "The Implications of Research on Approaches to Learning for the Teaching of Adults" (Peter Sutherland). Author and subject indexes are provided. (SK)

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